

# St. Ambrose Church



210 South Street, Cambridge ON N1R 2P4 519-621-2013

Email: [stambrose@golden.net](mailto:stambrose@golden.net) Website: [stambrosecambridge.ca](http://stambrosecambridge.ca)

**OFFICE HOURS:** Monday to Thursday 9am to 4pm, Friday 9am to 2pm. After hours by appointment only.

## WEEKEND HOLY MASSES:

Saturday 5:00 pm

Sunday 9:00 am and 11:00 am

## SACRAMENT OF RECONCILIATION:

Monday 6:00 pm to 6:45 pm

Tuesday, Thursday, and Friday from 8:30 am to 9:30 am

Wednesday 6:00 pm to 6:45 pm

Saturday 4:00 pm to 4:45 pm

Sunday 8:00 am to 8:45 am; 10:15 am to 10:45 am

## Fr. Gary Schlack - Pastor

Fr. Michael King, retired - in residence

Rev. Mr. Paul Klaassen - Deacon

Barbara Roy - Administrative Assistant

Rose Capistrano - Youth Ministry

Sandy Figueiredo - Sacristan/Custodian

**PARISH SCHOOLS:** St. Anne School 519-621-8920  
Holy Spirit School 519-621-8973

St. Vincent de Paul School 519-740-0678  
Monsignor Doyle High School 519-622-1290

**BAPTISM** - The Baptism Preparation Program for parents is required before a Baptism date is scheduled.

**MARRIAGE** - Contact the parish office at least 12 months in advance, as Marriage Preparation is required.

**VISITS and COMMUNION TO THE SICK** - Inform the parish office of hospitalization or home confinement.

## FOR THE HOSPITAL/HOSPICE/PATIENTS

Need a Catholic Priest? Please call 519-404-5344

Priests are available 24/7, for emergency ministry, e.g. 'Anointing of the Sick' or 'Last Rites'

For non-emergency ministry please contact your local parish or the hospital/hospice spiritual care team.

**SOCIETY OF ST. VINCENT DE PAUL** - for assistance with food vouchers, leave a message at 519-623-8764

- St. Vincent de Paul Value Store 519-629-0103

## First Saturday Promise:

*"Behold, my daughter, my Heart encircled with thorns, with which ungrateful people pierce It at every moment by their blasphemies and ingratitude. Give me consolation, you, at least; and make known on my behalf that I promise to assist at the hour of death, with the graces necessary for salvation, all who on the First Saturday of five consecutive months: 1) confess their sins, 2) receive Holy Communion, 3) recite five decades of the Rosary, 4) keep me company for fifteen minutes meditating on the mysteries of the Rosary, 5) and have the intention of making reparation to my Immaculate Heart."*

(Our Lady of Fatima's message to Lucia)

First Saturday Masses are held at 8:00 am each month at St. Ambrose Church.

**Preparing to Receive the Sacrament of Confession**

Every time we sin, we hurt ourselves, other people and God. In Reconciliation, we acknowledge our sins before God and the Church. We express our sorrow in a meaningful way, receive the forgiveness of Christ and his Church, make reparation for what we have done, and resolve to do better in the future.

The forgiveness of sins involves four parts:

- **Contrition:** A sincere sorrow for having offended God, and a firm resolve not to repeat our sin.
- **Confession:** Expressing our sins in a profound way to God by speaking them aloud to the priest.
- **Penance:** An important part of our healing is the penance the priest gives us in reparation for our sins.
- **Absolution:** The priest speaks the words by which we are reconciled to God and are absolved from our sins.

We should begin with private prayer, as we then review our lives since our last confession, in our thoughts, words and actions, which did not conform to God’s command to love God and one another. This is called an “examination of conscience.” There are copies of an “Examination of Conscience” by our parish confessional room.

**Rite of Reconciliation – What to do:**

1. Priest gives a blessing or greeting.
2. Make the Sign of the Cross and say “Bless me father, for I have sinned. My last confession was...” (number of weeks, months, years).
3. Confess all your sins to the priest. (If you are unsure or uneasy, the priest will guide you.)
4. The priest assigns a penance and offers advice to help you be a better Catholic.
5. Say an Act of Contrition prayer, expressing your sorrow for your sins.
6. The priest, acting in the person of Christ (“*in persona Christi*”), then absolves you from your sins.

**After the Sacrament of Reconciliation**

Rejoice! You have received the forgiveness of Christ! What should you do when you leave? Remember the words you recited in the Act of Contrition to do your best, with God's help, to not sin again.

**Before you leave the confessional,** the priest will give you your penance, which may consist of prayer, an offering, works of mercy or sacrifices. The goal of our life’s journey is to grow closer to God. We can do this through prayer, spiritual reading, fasting and the reception of the Sacraments.



**Monday, March 16**

7:00 pm + ANNE RENAUD – Doreen and Tony  
*Confessions 6pm to 6:45 pm*  
*NO video tonight.*

**Tuesday, March 17 – St. Patrick**

8:00 am + TINA SOUSA and HER PARENTS – John & Maria C.  
**Adoration of the Blessed Sacrament 8:30 – 9:30 am**  
**2:30 pm** – Prayers for the Sick. Everyone is welcome to join us in the Church. Please use the parking lot side door.  
**CONFESSIONS at 8:30 am to 9:30 am**

**7:00 pm** – the intentions of Mark, Deb, Xavier, Emilia Fernandes and living & deceased relatives.  
*Confessions from 6pm to 6:45 pm*

**Wednesday, March 18**

7:00 pm + SOULS IN PURATORY  
 + FRANK CEKAN – Daniel  
 - intentions of Daniela Realageno – her grandmother  
 + IRENE & WALLY REMNANT - Rolland  
**CONFESSIONS at 6:00 pm to 6:45 pm**

**Adoration of the Blessed Sacrament 6pm to 7pm**

**Thursday, March 19**

8:00 am + JOSEF CSERGO – Ildiko and Robert  
**CONFESSIONS at 8:30 am to 9:30 am**  
**Adoration of the Blessed Sacrament 8:30 – 9:30 am**

**Friday, March 20**

8:00 am + JOSE MONTEIRO – his family  
**CONFESSIONS at 8:30 am to 9:30 am**  
**Adoration of the Blessed Sacrament 8:30 – 9:30 am**  
**6:30 pm – STATIONS OF THE CROSS**

**Saturday, March 21**

*Confessions from 4 pm to 4:45 pm*  
**5:00 pm** + MARIA DIAS – Dias family  
 + MAXINE ROONEY – Selwyn  
 + INES TAVARES MORAIS – her family  
 + ANGELO & MARIA LOURDES FERNANDES – Ilda Oliveira  
 + MARC VILLENEUVE - Margie

**Sunday, March 22 – 5<sup>th</sup> Sunday of Lent**

**9:00 am** + ED AND OPHELIA GROZELLE – Doreen & Tony  
**11:00 am** – for the intentions of all parishioners

## Day of Mercy and Forgiveness

### All Day Confessions

Saturday, March 28 from 9:00 am to 5:00pm  
(changed from March 21)



Father Gary and Father Michael will alternate to hear **individual Confessions**:

- Fr. Gary Schlack – from 9am to 11:30 am
- Fr. Michael King – from 10:30 am to 1:00 pm
- Fr. Gary Schlack – from 1pm to 3:30 pm
- Fr. Michael King – from 2:30pm to 5:00 pm

*“When faced with the gravity of sin, God responds with the fullness of mercy. Mercy will always be greater than any sin, and no one can place limits on the love of God who is ever ready to forgive.”*  
- Pope Francis

**Daughters of the King – Parish Ladies’ Group** is canceled for Tuesday March 17, to allow for everyone to attend the Parish Lenten Mission Mass.

**Washing of the Feet** is a custom of the Catholic Church at Holy Thursday evening Mass, April 2<sup>nd</sup> at 7pm. Parishioners are invited to have a foot washed in symbolic remembrance of Jesus washing the feet of His disciples. **We are in need of people** who will participate in this small ceremony at Holy



Thursday Mass. Please, leave your name with the parish office 519-621-2013 or email [stambrose@golden.net](mailto:stambrose@golden.net)

**Church Donation Envelopes** are still available to those who are not currently using them. Parishioners who use collection envelopes are provided with a charitable donation receipt that can be used on their yearly tax return.

Our parish account on CanadaHelps.org will directly provide a receipt. CanadaHelps accepts credit card payments for donations to St. Ambrose Parish. Access this option through our parish website [stambrosecambridge.ca](http://stambrosecambridge.ca)



**Please, silence or turn off your cell phone while at Mass. Thank you!**

**Please, no coffee/tea/soft drinks etc.** in order to respect the sanctity of our Church.



**Our Parish Lenten Mission continues...**

**Father Ian Duffy**, Pastor of the Basilica of Our Lady, in Guelph, will continue our Lenten Mission Masses on:

- Monday, March 16, Mass at 7:00 pm
- Tuesday, March 17, Mass at 7:00 pm

**Confession** will be offered on the **Monday** and **Tuesday** nights, from 6pm to 6:45 pm, prior to Mass.

The theme is *“St. Joseph, An Example of Holiness in Ordinary Life.”*

### St Ambrose Parish

#### Easter Floral Tributes – New this year!

Remember your loved ones this Easter with a floral tribute.



During the holy season of Easter, it is a fitting gesture to dedicate floral tributes in memory of beloved deceased relatives and friends.

Donations will provide for the Easter flowers for the church. The names of your loved ones will be placed in front of the Statue of Our Lady, and remembered at all the Masses during the Easter season.

**Forms to fill-in** and **special envelopes** are available at the Church entrances.

### Share Lent collection – March 21/22

The annual collection is provided to Development and Peace – Caritas Canada

Development and Peace provide humanitarian aid to communities coping with conflict and natural disasters in over a dozen countries.

Their website is [devp.org/en](http://devp.org/en)

### When receiving Holy Communion – a reminder

- Please do not have chewing gum or candy in your mouth, as we must observe a one hour fast prior to receiving Communion.
- Hands should be held one on top of the other, left hand over the right hand, then place the Holy Eucharist immediately in your mouth, before turning to walk away.
- Please stay in the church after receiving Communion to pray, rather than exiting the church. Please stay for the final blessing.

*Service built on a simple idea...*



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